

**THE UNIVERSITY OF ESA UNGGUL
PROFESSIONAL NURSING PROGRAM**

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**NURSING CARE IN CLIENT DIABETES MELITUS IN GENERAL ROOM 6
RSPAD GATOT SOEBROTO JAKARTA CENTER**

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ABSTRACT

Diabetes mellitus is a metabolic disorder with characteristic signs of hyperglycemia due to inadequate function and insulin secretion. DM is the sixth most common ailments in the General Floor Room 6 Gatot Subroto Army Hospital in Central Jakarta, 2018. The purpose of case study analysis is an idea of care in client Diabetes Mellitus with in 5th floor General Treatment Room Gatot Subroto Army Hospital Central Jakarta. This case study uses descriptive method and method of literature with the nursing process approach to 5 clients with DM. Nursing studies and diagnoses as well as nursing measures are tailored to care arrangements and nursing evaluations according to linked theories. DM patients should be considered on a balanced diet with the needs of the body through a healthy diet that will adapt to the needs of glucose. Non-compliance of patients with diet is influenced by less motivation of patients and families. Nurses should play an increasingly important role in providing care, counseling about diet DM and motivation and family. RS media should provide health education for people with diabetes, such as leaflets, flipcharts that can be used for health education.

Keywords: Diabetes Mellitus, DM Diet.